

Information & Activities

Six toddlers every day are admitted to hospital with a burn or scald injury

A hot drink can scald a baby even 15 minutes after it's been made!

Keep hot drinks away from and out of the reach of small children.

Never drink a hot drink when holding a baby or small child.

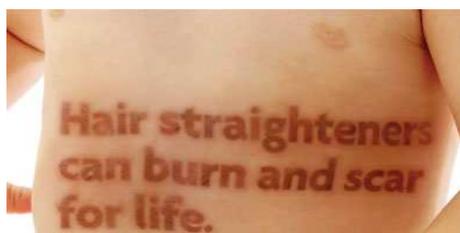


Every day babies, toddlers and little children are badly burned by hair straighteners.

They get so hot that you could cook your breakfast on them! They also stay hot for a long time.

Turn your hair straighteners off as soon as you have finished using them. Don't leave them on the floor, furniture or hanging over a door.

Always keep hair straighteners out of the sight and reach of small children.



Small children can also be burnt or scalded by ...

ELF.S. (EARLY LEARNING FOR SAFETY)



... hot water, saucepans, kettles, hobs, hot plates, microwaves, heaters, fires, irons, matches, lighters & candles.



Advice and activities to reduce the risk of a burn or scald happening to your child

Elfie rhymes

The grown-ups were enjoying their cups of tea. Elfie was playing and didn't see. He jumped up quickly and knocked a mug. The grown-ups ran to give him a hug.

Elfie was crying, "My arm is burning. Look at the colour that it's turning." They used cold water & made it wetter. After 10 minutes he felt much better.

Elfie bear, Elfie bear found a cup of tea. Elfie bear, Elfie bear scalded his knee. He shouted "Help that tea was hot. Whoever put it there should not!"

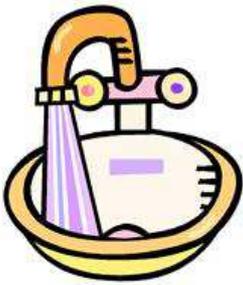
Talk to your child about the dangers of hot drinks, and how you and other grown-ups can help to reduce their risk of a hot drink scald by **putting hot drinks out of the child's reach.**



Word Search - First aid for burns and scalds – taking action quickly can stop long term scarring and stop the burn or scald from getting worse

H	Z	D	E	D	L	A	C	S	S
O	M	O	X	I	P	D	F	T	R
S	I	C	O	V	E	R	I	R	E
P	N	T	L	N	H	C	L	U	T
I	U	O	R	C	K	H	M	H	S
T	T	R	J	I	M	C	T	B	I
A	E	S	N	F	B	U	R	N	L
L	S	G	K	O	Q	O	G	P	B
F	A	C	E	R	E	T	A	W	A
U	I	N	F	E	C	T	I	O	N

Cool the burn or scald straight away with cool water (including any covering clothing). **Do this for at least 10-15 minutes.**



Once cooled, you can **remove any outer clothing** but do not remove clothing **next to the injured area** as it may be **stuck to the skin**.

If it **still hurts**, cool the burn or scald **again with cool water**.

Don't touch the injured area or burst any blisters as this can cause **infection**.

Loosely cover the burn with cling film (not if the burn is on the head or face) or **clean, non-fluffy material to prevent infection**. Make sure the covering is loose as the affected area may swell.

Get advice from your doctor, NHS 111 or the A&E department at your local hospital.

Keep e-cigarettes and their refills out of the sight and reach of small children

Nicotine is highly poisonous. It is thought that just a few drops of liquid nicotine would be enough to kill a small child!

Children have been admitted to hospital after just licking an E-cigarette refill!

Children are attracted by the colour and "nice" smell of E-cigarette refills, and they are not packaged to be child resistant. Keep E-cigarettes and their refills out of the sight and reach of young children.



Button batteries - Not just a choking risk. Swallowing a button battery can have the same effect as drinking drain cleaner!



Found in a wide range of household objects that children love to play with – car key fobs, remote controls, watches, children's books and toys.

The risk can rise in the lead up to Christmas as **button batteries** can be found in novelty items like flashing musical Santa hats, cards and decorations!

If you think that your child may have swallowed a button battery, **ACT FAST**. Take them straight to A & E or dial 999.

If a button battery gets stuck in the throat this can trigger the electric charge that they carry and create caustic soda. This can burn a hole in the throat and lead to serious internal bleeding and death.

New campaign to keep children safe from liquid detergent capsules

Visit www.keepcapsfromkids.eu to learn more and watch a video showing how babies and toddlers explore the world by putting everything in the mouth.



The concentrated detergent in a liquid detergent capsule is up to 5 times stronger than traditional laundry products!

Children are attracted by their bright colour and bite or squeeze the capsules causing injury to the eyes, mouth and throat and/or poisoning!



New safety standards (the capsules and how they are packaged) to reduce the risks to children came into force earlier this year. Manufacturers have 6 months to comply. **Keep all household chemicals locked away, out of the sight and reach of small children.**

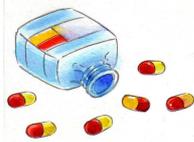
Don't make the mistake of thinking that child resistant/safety caps are child proof!



Many 3 and 4 year olds can open these caps in seconds!

Over the counter medicines like everyday painkillers (Calpol etc) are the number one cause of accidental poisonings for children under the age of five!

Keep all medicines locked away, out of the sight and reach of young children.



New rules for private landlords welcomed by safety campaigners

From 1/10/15 it is compulsory for landlords of private rented accommodation to install ...

... **smoke alarms** on every floor of their property.

... **carbon monoxide alarms** in rooms where there are solid fuel burning appliances.



The estimate is that these rules will prevent 25 deaths and 700 injuries every year!

Staff in our Children's Emergency Department report that dog bites are on the rise

Most of these occur with family pets in the home!

The Dogs Trust reports that that the rate of hospital admissions for dog bites is highest among the 0-9 year age group.

Visit www.learnwithdogstrust.org.uk to learn about the new Dog Smart campaign. Following some very simple rules could prevent many dog bites!



Choose Well ...

... Choose the right care.

Keep 999 and the hospital

free for

serious life-threatening conditions that need immediate medical attention!



Start here for clear advice and information on...

NHS

1

How to safely look after yourself and your family at home



2

When to get help from NHS services in your area



3

Things to watch out for that mean you need 999 / A&E



www.manchester.nhs.uk/choosewell

The NHS non-emergency number



The NHS non-emergency number

NHS 111 is available 24 hours a day, 365 days a year. Calls are free from landlines and mobile phones.

The NHS 111 service should be used if you urgently need medical help or advice, but it's not a life-threatening situation.

North West Ambulance Service is commissioned to deliver NHS 111 locally. The service is staffed by a team of fully trained advisors, supported by healthcare professionals.

Please share this information and activity sheet with the parent/carer of as many 3 – 5 year old children as possible

Manchester ELFS wishes you a safe and happy 2016



@ManchesterELFS

Word Search Answers: scald, water, minutes, sticking, hurts, burn, touch, blisters, infection, cover, film, face, doctor, hospital.